

What Is Uniform Convexity?

Abstract

In the L^1 and L^∞ norms, the unit balls are not “round” in the way that the other L^p norms are. As a consequence of this, the L^1 and L^∞ spaces do not have many of the nice properties that the other L^p spaces have; for example, they are not reflexive. In this talk, we will make these feelings precise by defining *uniform convexity* and discussing how it allows us to prove useful properties of functional spaces.

Figure 1 shows the unit balls in \mathbb{R}^2 under the L^p norms, for $1 \leq p \leq \infty$.

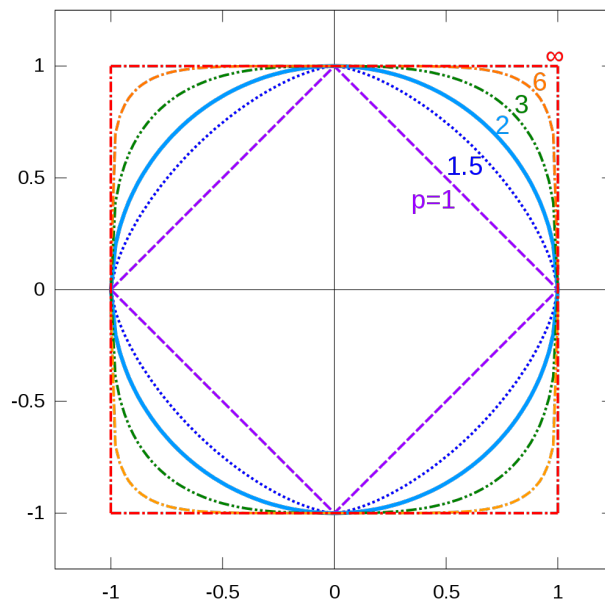


Figure 1: Image due to Quartl on Wikipedia page “Lp_space”

The L^1 and L^∞ norms are not “round” in the sense that their unit balls can be drawn with straight lines, but we can also phrase this by saying that there are norm 1 vectors $x \neq y$ for which the triangle inequality is an equality. I.e. if $x = (1, 0)$ and $y = (0, 1)$, then

$$2 = \|x + y\|_1 = \|x\|_1 + \|y\|_1$$

and if $x = (1, 1)$ and $y = (1, -1)$ then

$$2 = \|x + y\|_\infty = \|x\|_\infty + \|y\|_\infty.$$

Norms for which the triangle inequality is always a strict inequality (when x, y are not colinear) are called strictly convex.

Definition 1

A norm $\|\cdot\|$ is *strictly convex* if for all $x \neq y$ with $\|x\|, \|y\| \leq 1$, we have

$$\left\| \frac{x+y}{2} \right\| < 1.$$

(Equivalently, each point on the boundary of the $\|\cdot\|$ -unit ball is an extreme point.)

Strictly convex norms usually make our lives much easier, and make proofs more convenient.

Proposition 2

Let K be a (nonempty) convex, closed and bounded set in a normed vector space. Suppose that this norm is strictly convex. Then K has an *extreme point*, i.e. a point which is not the average of two other points in K .

Proof:

WLOG K is contained in the closed unit ball and there is an $x \in K$ with $\|x\| = 1$. Suppose that there are $y, z \in K$ such that $\frac{y+z}{2} = x$. By the triangle inequality, it must be that $\|y\| = \|z\| = 1$, but then by strict convexity, both y and z must be equal to x . Hence x is an extreme point of K .

Q.E.D.

For the remainder of the talk, we will use X to denote an arbitrary Banach space.

Proposition 3

If X is separable, we can always find an equivalent norm for X which is strictly convex.

The idea here is to start with some norm on X and add to it a norm which is small enough to not change the topology, but will make it strictly convex. For example, if $X = \ell^1(\mathbb{N})$ then define a new norm by

$$|x| := \|x\|_1 + \|x\|_2.$$

Proposition 3 means that we cannot use strict convexity to tell us anything about the topology of the space.

This suggests that we need a stronger notion.

Definition 4

A norm $\|\cdot\|$ is *uniformly convex* if for each $\epsilon > 0$ there is a $\delta > 0$ such that if x, y have $\|x\|, \|y\| \leq 1$ and

$$\left\| \frac{x+y}{2} \right\| > 1 - \epsilon \text{ then } \|x - y\| < \delta.$$

Equivalently, if x_n, y_n are sequences in the (closed) unit ball of $\|\cdot\|$ with $\|x_n + y_n\| \rightarrow 2$, then $\|x_n - y_n\| \rightarrow 0$.

Exercise (Easy)

A uniformly convex norm is strictly convex. Also, in a finite dimensional space, these two definitions are the same.

Exercise (Also Easy)

Any Hilbert space norm is uniformly convex.

Proposition 5

If X has a uniformly convex norm then any (nonempty) closed convex set will contain an element of minimal norm.

Proof:

Let K be a closed, convex set and WLOG assume $\inf_{x \in K} \|x\| = 1$. Let x_n be a sequence in K with $\|x_n\| \rightarrow 1$. For each n, m , $\left\| \frac{x_n + x_m}{2} \right\| \geq 1$ since $\frac{x_n + x_m}{2} \in K$. But by the triangle inequality, $\limsup_{n, m \rightarrow \infty} \left\| \frac{x_n + x_m}{2} \right\| \leq 1$. So $\left\| \frac{x_n + x_m}{2} \right\| \rightarrow 1$ as $n, m \rightarrow \infty$.

Hence $\|x_n - x_m\| \rightarrow 0$ by uniform convexity. So (x_n) is Cauchy and so it converges in K .

Q.E.D.

The ideology here is that for convex optimization purposes, strict convexity gives uniqueness, and uniform convexity gives existence (and also uniqueness).

Exercise (Bonus)

The L^p norm is uniformly convex for $1 < p < \infty$, with $\delta = (1 - (\epsilon/2)^r)^{\frac{1}{r}}$, where $r = p$ if $p \geq 2$ and $r = \frac{p}{p-1}$ if $1 < p < 2$.

Hint: Google Clarkson's inequalities.

Now let's take a look at some examples of how arguments using uniform convexity usually go.

Lemma 6

Let X be a uniformly convex space and let $A \in B(X)$ have operator norm 1. If $\left\| \frac{\text{Id}_X + A}{2} \right\|_{B(X)}$ is also equal to 1, then for each $\epsilon > 0$ there is a $v \in X$ with $\|v\|_X = 1$ such that $\|Av - v\| < \epsilon$.

Corollary 7

Let X be a uniformly convex space and let $A_0, A_1, \dots : X \rightarrow X$ each have operator norm 1, with $A_0 = \text{Id}_X$. If for each N ,

$$\left\| \frac{1}{N} \sum_{n=0}^N A_n \right\|_{B(X)} = 1$$

then there is a sequence of vectors (v_n) such that $\sup_{n \leq N} \|A_n v_N - v_N\| \rightarrow 0$ as $N \rightarrow \infty$.

In particular, we can take $X = \ell^2(\mathbb{Z})$ and $A_n = L^n$, where L is the left shift, so that $\left\| \frac{1}{N} \sum_{n=0}^N A_n \right\|_{B(X)} = 1$ by Kesten's criterion for amenability.

Theorem 8 (Milman–Pettis)

If X is uniformly convex, then X is reflexive, i.e. $X^{**} = X$.

Proof:

Let $\xi \in X^{**}$. WLOG $\|\xi\|_{X^{**}} = 1$. We need to show two facts:

- $X \hookrightarrow X^{**}$ and moreover, the closed unit ball of X is weak* dense in the closed unit ball of X^{**}
- For each $\epsilon > 0$, there is an $x \in X \hookrightarrow X^{**}$ such that $\|x - \xi\|_{X^{**}} \leq \epsilon$.

The first fact is a statement of Goldstine's Theorem. For the second fact pick any $\epsilon > 0$, and pick δ from the uniform convexity of X . Since $\|\xi\|_{X^{**}} = 1$, we can find $f \in X^*$ with $\|f\|_{X^*} = 1$ such that $|\xi(f)| > 1 - \frac{\delta}{2}$. Now consider the weak* open ball

$$U = \left\{ \eta \in X^{**} : |(\eta - \xi)(f)| < \frac{\delta}{2} \right\}.$$

By the first fact above, there is an $x \in X \cap U$. To show that this x satisfies $\|x - \xi\|_{X^{**}} \leq \epsilon$, we will suppose for the sake of contradiction that it does not.

Then $X \cap U$ is not contained in a closed ball of radius ϵ (in $\|\cdot\|_{X^{**}}$) around x , so there is a point $y \in X \cap U$ with $\|x - y\|_{X^{**}} = \|x - y\|_X \geq \epsilon$. By uniform convexity, this means that $\left\| \frac{x - y}{2} \right\|_X \leq 1 - \delta$. But U is convex and so $\frac{x + y}{2} \in U$. This means that

$$\begin{aligned} \left| \left(\frac{x + y}{2} - \xi \right)(f) \right| &< \frac{\delta}{2} \\ \text{and} \\ |\xi(f)| &> 1 - \frac{\delta}{2} \\ \text{so} \\ \left(\frac{x + y}{2} \right)(f) &> 1 - \delta \end{aligned}$$

But this is impossible since $\left\| \frac{x - y}{2} \right\|_X \leq 1 - \delta$ and $\|f\|_{X^*} = 1$. This is the desired contradiction and the statement of the theorem follows from the second fact and the fact that X is norm closed in X^{**} .

Q.E.D.

Corollary 9

If X is uniformly convex, then every closed, bounded, convex set in X is weakly compact.

Theorem 10 (Kadets–Klee)

Suppose that X is uniformly convex. If $x_n \rightarrow x$ weakly in X and $\|x_n\| \rightarrow \|x\|$ then $\|x - x_n\| \rightarrow 0$.

Proof:

First recall the following fact: If $x_n \rightarrow x$ weakly, then $\|x\| \leq \liminf_n \|x_n\|$. This is true since for each $f \in X^*$ we have $f(x_n) \rightarrow f(x)$ and so $|f(x)| = \liminf_n |f(x_n)| \leq \liminf_n \|f\| \cdot \|x_n\|$. But the fact follows since $\|x\| = \sup_{\substack{f \in X^* \\ \|f\|_{X^*} = 1}} |f(x)|$.

WLOG each x_n has norm 1 (divide by $\|x_n\|$ if necessary).

Now to show the statement of the theorem. We know that $\frac{x_n + x}{2} \rightarrow x$ weakly, and so

$$1 = \|x\| \leq \liminf_n \left\| \frac{x_n + x}{2} \right\|.$$

But each $\frac{x_n + x}{2}$ has norm at most 1, so $\left\| \frac{x_n + x}{2} \right\| \rightarrow 1$. By uniform convexity, this means that $\|x_n - x\| \rightarrow 0$.

Q.E.D.

Theorem 11 (Browder's Fixed Point Theorem)

Let X be a uniformly convex space and let K be a (nonempty) convex, closed, bounded subset of X . Let $U : K \rightarrow K$ be a *weak contraction*, meaning $\|U(x) - U(y)\| \leq \|x - y\|$ for all $x, y \in K$. Then U has a fixed point.

Proof:

Let \mathcal{F} be the collection of nonempty, closed, convex subsets of K which are U invariant, ordered by inclusion. $K \in \mathcal{F}$ and if (C_λ) is a descending chain in \mathcal{F} then we may use Cantor's theorem to say that $\bigcap_{\lambda} C_\lambda$ is nonempty since each C_λ is weakly compact. By Zorn's lemma, \mathcal{F} has a minimal element, call it C . Now let's show that C is a singleton, since this will complete the proof of the theorem.

First note that by minimality, the closure of the convex hull of $U(C)$ is C , i.e. $\overline{\text{Conv}(U(C))} = C$.

Suppose that C has nonzero diameter. WLOG C has diameter 1.

Claim: We can find an $x \in C$ and $r < 1$ such that each point $y \in C$ has $\|x - y\| \leq r$.

To see that this is true pick $0 < \epsilon < \frac{1}{2}$, pick δ from uniform continuity and pick $x_1, x_2 \in C$ such that $\|x_1 - x_2\| > \delta$. Let $x = \frac{x_1 + x_2}{2}$. Then for any $y \in C$,

$$\|x - y\| = \left\| \frac{(x_1 - y) + (x_2 - y)}{2} \right\|$$

is smaller than $1 - \epsilon$ since

$$\|(x_1 - y) - (x_2 - y)\| = \|x_1 - x_2\| > \delta.$$

Taking $r = 1 - \epsilon$ proves the claim.

Now let

$$C' = \bigcap_{y \in C} \{w \in C : \|w - y\| \leq r\}.$$

C' is convex, closed and nonempty since $x \in C'$.

C' is also U invariant since if $u \in C'$ then for any $y \in C$ we can show that $\|U(u) - y\| \leq r$.

To this end, pick $y \in C$ and recall that the convex hull of $U(C)$ is dense in C , i.e. $\text{dist}(\text{Conv}(U(C)), y) = 0$. Also recall that U is a weak contraction, which gives that

$$\begin{aligned} \|U(u) - y\| &\leq \text{dist}(U(u), \text{Conv}(U(C))) + \text{dist}(\text{Conv}(U(C)), y) \\ &= \text{dist}(U(u), \text{Conv}(U(C))) + 0 \\ &\leq \text{dist}(U(u), U(C)) \leq \text{dist}(u, C) \leq r \end{aligned}$$

which means that $U(u) \in C'$. But C' is properly contained in C since the diameter of C' is r which is less than the diameter of C . This is the desired contradiction, so C must be a singleton.

Q.E.D.

Theorem 12 (Browder)

Let X be a uniformly convex space and let K be a (nonempty) convex, closed, bounded subset of X . Let $(U_i)_{i \in I}$ be an arbitrary family of commuting weak contractions from K to K . Then there is a point in K which is fixed by each U_i .

Proof:

Claim: For each i , the fixed point set of U_i is convex.

To see why this is true pick $a, b \in \text{Fix}(U_i)$ and let c be a point on the line between them. Then

$$\begin{aligned}\|a - U_i(c)\| &= \|U_i(a) - U_i(c)\| \leq \|a - c\| \\ &\quad \text{and} \\ \|b - U_i(c)\| &= \|U_i(b) - U_i(c)\| \leq \|b - c\|\end{aligned}$$

so $U_i(c)$ is at least as close to both a and b as c is. Additionally,

$$\begin{aligned}\|a - b\| &\leq \|a - U_i(c)\| + \|U_i(c) - b\| = \|U_i(a) - U_i(c)\| + \|U_i(c) - U_i(b)\| \\ &\leq \|a - c\| + \|c - b\| = \|a - b\|\end{aligned}$$

hence $U_i(c)$ is also on the line between a and b . Hence $U_i(c)$ must be c . This proves the claim.

Now the collection $(\text{Fix}(U_i))_{i \in I}$ is a family of closed, convex, nonempty subsets of X . That makes each of these sets weakly compact (since K is weakly compact), and so if we can show that this collection has the finite intersection property, then we are done.

Claim: Let U_1, \dots, U_n be finitely many elements from this family. Then $\bigcap_{i=1}^n \text{Fix}(U_i)$ is nonempty.

To see that this is true, note that if $u \in \text{Fix}(U_i)$ then for any j we have

$$U_i U_j(u) = U_j U_i(u) = U_j(u)$$

meaning that $U_j(u) \in \text{Fix}(U_i)$. So each $\text{Fix}(U_i)$ is invariant under each U_j .

Now we will proceed by induction on n . Theorem 11 shows the case $n = 1$. Assuming that $\bigcap_{i=1}^{n-1} \text{Fix}(U_i)$ is nonempty, we can note that this set is U_n invariant and applying Theorem

11 gives that $\bigcap_{i=1}^n \text{Fix}(U_i)$ is nonempty.

Q.E.D.

Theorem 13 (Edelstein)

Assume X is only strictly convex and that K is compact and convex. If $U : K \rightarrow K$ is a weak contraction then we can find a fixed point of U by picking any $x_0 \in K$ and taking the limit of the sequence (x_n) where $x_{n+1} = \frac{x_n + Ux_n}{2}$.

Proof:

First note that if u is any fixed point for U (which exists by Schauder's fixed point theorem) and if v is any non-fixed point then we have

$$\left\| \frac{v + U(v)}{2} - u \right\| = \left\| \frac{v + Uv}{2} - \frac{u + Uu}{2} \right\| < \frac{\|v - u\| + \|Uv - Uu\|}{2} \leq \|v - u\|. \quad (1)$$

(this is where we use the assumption of strict convexity)

Since K is compact, (x_n) has a limit point $p \in K$. We can suppose that $U(x_n) \neq x_n$ for all n , since otherwise we would be done.

If we can take $u = p$, then this means that x_n converges to p by equation (1).

Suppose for the sake of contradiction that $U(p) \neq p$. Let $q = \frac{p + U(p)}{2}$, let $u \in K$ be any fixed point and let $r = \frac{\|p - u\| - \|q - u\|}{2}$, which is positive by equation (1). Let B be the ball of radius r around q . Since p is a limit point of (x_n) there will be arbitrarily large values of n for which x_{n+1} is within r of q . But then

$$\|x_{n+1} - y\| \leq \|x_{n+1} - q\| + \|q - y\| < r + \|q - y\| = \frac{\|p - u\| + \|q - u\|}{2}$$

and also

$$\|x_{n+1} - p\| \geq \|y - p\| - \|x_{n+1} - y\| > \|y - p\| - \frac{\|p - u\| + \|q - u\|}{2} = r$$

This holds for arbitrarily large values of n and so this contradicts the fact that p is a limit point of (x_n) . So we are done.

Q.E.D.

References

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